

Family Foot & Ankle Care, P.C. Physicians & Surgeons of the Foot & Ankle

Pre-Laser Treatment for Nail Fungus

- Spray shoes with anti-fungal disinfectant 48 hours
 (2 days) prior to treatment
- ❖ Apply anti-fungal cream/lotion to feet and toes for (48 hours) prior to treatment
- ❖ Wash all socks and sheets in color safe bleach
- * Remove all nail polish 48 hours in advance
- * Nail files and clippers should be replaced
- * Discard and replace all used nail polish
- Nails will need to be trimmed/thinned by the office prior to treatment

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