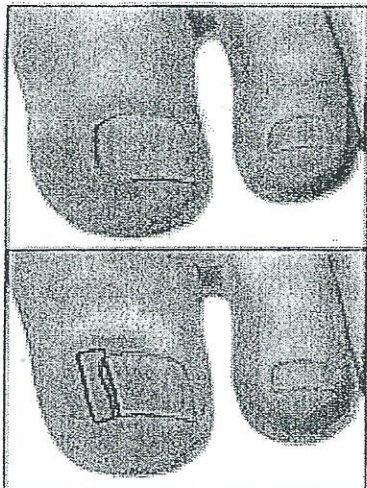


Family Foot & Ankle Care, P.C.

Dr. Alan J. Discont & Associates
Physicians & Surgeons of the Foot & Ankle

NAIL PROBLEMS



PARTIALLY INGROWN TOENAIL

A nail is ingrown when one or both corners or sides of the nail grow into the skin of the toe. Irritation, redness, warmth, swelling, pain, and infection can result from a partially ingrown toenail. Left untreated, the infection may spread to the surrounding tissues causing cellulitis of the toe.

TREATMENT

Your doctor may first choose some of the following conservative measures to relieve the infection.

1. Salt water soaks
2. Antibiotics (Oral & topical)
3. Drainage of infection
4. Shoe gear changes

Once the infection is under control, a permanently corrective procedure may be necessary.

PARTIAL MATRICECTOMY

A wedge of the nail and the underlying nail root is removed. This simple procedure is brief. The nail portion can be removed with a chemical and/or laser treatment.

FOLLOW-UP CARE

Initially, you may expect minor bleeding and drainage. You may be instructed on soaking your toe daily and the use of a bandage for several weeks.

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